



**NORGES BRYTEFORBUND**  
Serviceboks 1, Ullevål Stadion  
0840 Oslo NORGE

The Norwegian Wrestling federation  
has the pleasure of inviting teams from your nation to Oslo Open  
**14. - 15. February 2009.**

# Oslo Open / Nordic Grand Prix



**Meet the best wrestlers from Norway, Denmark, Sweden, Finland and Estonia.**  
Their national teams will compete in this Nordic Grand Prix tournament in Greco-Roman for senior men and freestyle for woman.

## Invited nations

Armenia	Germany	Portugal
Austria	Greece	Romania
Azerbaijan	Hungary	Russia
Belarus	Italy	Slovenia
Croatia	Kazakhstan	Serbia
Denmark	Latvia	Slovakia
Spain	Lithuania	Sweden
Estonia	Montenegro	Turkey
Finland	Netherlands	Ukraine
France	Poland	United States



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## Program of competition

Place of tournament	Nye Apaløkkahallen Tjernveien 2 0957 OSLO
Friday 13.02.2009	Arrival of delegations 19.00 – 19.30 Referees clinic 19.30 – 20.00 Weight control 20.30 – 21.30 Dinner
	Referees clinic and weight control will be held at Oslo Wrestling Clubs training hall. Gårdsveien 6, Grorud Samfunnshus, Kalbakken, Oslo
Saturday 14.02.2009	09.30 - 10.00 Opening ceremony 10.00 - 13.00 Elimination rounds 13.00 - 14.00 Lunch 14.00 - 18.30 Elimination / Finals 19.00 - 20.00 Dinner for wrestlers 20.00 - Banquet
Sunday 15.02.2009	09.00 – 11.30 Elimination rounds 11.30 – 12.30 Lunch 12.30 – 14.00 Finals 14.00 – 15.00 Price ceremony Departure of delegations
Monday 16.02.2009	Departure of delegations
Weight Categories	+2 kg weight tolerance. GR - 55, 60, 66, 74, 84, 96 and 120kg +2 kg weight tolerance. FW - 48, 55, 63 and 72kg
License	Each participant must show valid FILA license
Mats	There will be competed on 3 mats in the tournament hall
Rules	International rules of FILA / Norwegian Wrestling Federation. The tournament is open for club teams and national teams.
Awards	Prizes to the best 4 wrestlers in each weight.



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## Rules of regulation

Fee	EUR 50,- each person per day. (Fri – Sun)
Accommodation	Accommodation fee for other days than the competition days (Fri – Sun) EUR 70,-
Transportation	The organizing committee will receive the delegations at <b>Gardermoen Oslo Airport</b> . Transportation from the accommodation place and competition venues during the competition days. (Friday – Sunday) Transportation from other airports; (Torp or Rygge) EUR 25,- each way.
Entry	Preliminary entry to confirm participation. No later than <b>30.12.2008</b> Final entry with names and weights. No later than <b>13.01.2009</b>
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